

JAPAN BACKCOUNTRY SKIING GEAR LIST

Please arrive prepared for all weather conditions. Japan can be exceptionally cold – please plan clothing accordingly. Ski and snowboard equipment should be limited to one full setup. Fat skis and powder boards are recommended.

Backcountry Travel

Item	#	Description	Recommendation	Rental
<input type="checkbox"/> Touring Equipment	1 Pair	AT Skis Telemark Skis Splitboard	N/A	YES
<input type="checkbox"/> Boots	1 Pair	Compatible with Bindings	N/A	YES
<input type="checkbox"/> Climbing Skins	1 Pair	Nylon or Mohair Tail Clip Trimmed	Black Diamond Ascension STS	YES
<input type="checkbox"/> Ski or Snowboard Crampons	1 Pair	Compatible with Bindings	N/A	NO
<input type="checkbox"/> Poles	1 Pair	Adjustable Length Powder Baskets	Black Diamond Traverse	YES
<input type="checkbox"/> Beacon	1	Digital 2 or 3 Antenna	Black Diamond Pieps DSP Sport	YES
<input type="checkbox"/> Probe	1	300 cm +	Black Diamond Quickdraw Carbon 320	YES
<input type="checkbox"/> Snow Shovel	1	Metal Extendable	Black Diamond Transfer 3	YES
<input type="checkbox"/> Backpack	1	Ski and Snowboard Carry	Black Diamond Dawn Patrol 32	YES

Clothing | Bottom

Item	#	Description	Recommendation	Rental
<input type="checkbox"/> Baselayer Bottom	1 Pair	Wool or Synthetic Full Length	Smartwool Merino 250	NO
<input type="checkbox"/> Ski Socks	1 Pair	Wool or Synthetic Calf Height	Darn Tough Over-The-Calf Light	NO
<input type="checkbox"/> Softshell Pants	1 Pair	Water Resistant Breathable	Black Diamond Dawn Patrol Touring	NO
<input type="checkbox"/> Hardshell Pants	1 Pair	Waterproof Storm Layer	Black Diamond Sharp End	NO

Clothing | Top

Item	#	Description	Recommendation	Rental
<input type="checkbox"/> Sports Bra (Women)	1	Wool or Synthetic	Smartwool PhD Racerback	NO
<input type="checkbox"/> Baselayer Upper	1	Wool or Synthetic Longsleeve	Smartwool NTS Mid 250 Crew	NO
<input type="checkbox"/> Midlayer Upper	1	Wool or Synthetic Longsleeve	Black Diamond Coefficient	NO
<input type="checkbox"/> Softshell Jacket	1	Water Resistant Breathable	Black Diamond Dawn Patrol	NO
<input type="checkbox"/> Hardshell Jacket	1	Waterproof Storm Layer	Black Diamond Sharp End	NO
<input type="checkbox"/> Insulated Parka	1	Midweight Down or Synthetic	Black Diamond Cold Forge	NO
<input type="checkbox"/> Mid Weight Gloves	0 Pair	Waterproof Medium Insulation	Black Diamond Renegade	NO
<input type="checkbox"/> Heavy Weight Gloves	1 Pair	Waterproof Heavy Insulation	Black Diamond Guide	NO
<input type="checkbox"/> Hat	1	Wool or Synthetic Low Profile	Black Diamond Beanie	NO
<input type="checkbox"/> Neck Gaiter	1	Lightweight Sun & Wind Protection	Buff Original	NO

Accessories

Item	#	Description	Recommendation	Rental
<input type="checkbox"/> Sun Glasses	1 Pair	Dark Lenses Polarized	N/A	NO
<input type="checkbox"/> Ski Goggles	1 Pair	Low Light Lenses Anti-Fog	Smith Cascade Classic	NO
<input type="checkbox"/> Headlamp	1	High & Low Beam Red Light	Black Diamond Spot	NO
<input type="checkbox"/> Water Bottles	2	1 Liter Volume Hard Bottle	Nalgene Widemouth	NO
<input type="checkbox"/> Sunscreen	1	SPF 30+ Broad Spectrum	Sol Sunguard	NO
<input type="checkbox"/> Lip Balm	1	Moisturizing	Chapstick Moisturizer	NO
<input type="checkbox"/> Camera	1	Point and Shoot	N/A	NO