

INTRO TO MOUNTAINEERING COURSE GEAR LIST

Please arrive to gear check with all equipment un-packed. Baker Mountain Guides rents mountaineering boots and climbing equipment.

Climbing

Item	#	Description	Recommendation	Rental
<input type="checkbox"/> Mountaineering Boots	1 Pair	Insulated Waterproof Heel Welt	Scarpa Charmoz or Mont Blanc PRO GTX	YES
<input type="checkbox"/> Mountaineering Axe	1	Classic Piolet Straight Shaft	Black Diamond Raven	YES
<input type="checkbox"/> Crampons	1 Pair	Steel 12 Point Boot Compatible	Black Diamond Serac	YES
<input type="checkbox"/> Climbing Harness	1	Lightweight Low Profile Belay Loop	Black Diamond Couloir	YES
<input type="checkbox"/> Climbing Helmet	1	Hardshell or Foam Headlamp Clips	Black Diamond Vision MIPS	YES
<input type="checkbox"/> Backpack	1	60 - 80 Liter	Black Diamond Mission 75	YES
<input type="checkbox"/> Trekking Poles	1 Pair	Adjustable Length Powder Baskets	Black Diamond Trail Sport 2	YES
<input type="checkbox"/> Locking Carabiner	4	HMS-Shape Keylock Screwgate	Black Diamond Mini Pearabiner	NO
<input type="checkbox"/> Triple Action Locking Carabiner	1	Gridlock or HMS-Shape Keylock Magnetron	Black Diamond Gridlock Magnetron	NO
<input type="checkbox"/> Non-Locking Carabiner	4	D-Shape Wire Gate	Black Diamond Hotwire	NO
<input type="checkbox"/> Nylon Double Length Sling	1	Sewn Nylon 48 inch	Black Diamond Nylon Runner	NO
<input type="checkbox"/> Dyneema Double Length Sling	1	Sewn Dyneema 48 inch Length	Black Diamond Dynex Runner	NO
<input type="checkbox"/> Cordalette	1	18 feet 6mm Nylon	N/A	NO
<input type="checkbox"/> HollowBlock	1	19" or 13.5" 6.8mm Technora	Sterling HollowBlock2	NO
<input type="checkbox"/> ATC Belay Device	1	Multiple friction modes Guide Mode	Black Diamond ATC-Guide	NO
<input type="checkbox"/> Progress Capture Pulley (Optional)	1	Use with 8-11mm Ropes High Efficiency	Petzl Micro Traxion	NO

Camping

Item	#	Description	Recommendation	Rental
<input type="checkbox"/> Foam Sleeping Pad	1	Closed Cell Foam Full Length	ThermaRest Z-Rest	NO
<input type="checkbox"/> Inflatable Sleeping Pad	1	Full or 3/4 Length	ThermaRest NeoAir Xlite	NO
<input type="checkbox"/> Sleeping Bag	1	0-15 Degree Rated Down or Synthetic	Big Agnes Spike Lake 15	YES

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<input type="checkbox"/>	Windproof Canister Fuel Stove	1	Isobutane Fuel Canisters 1 Liter Minimum	MSR Reactor	NO
<input type="checkbox"/>	Water Purification System	1	Lightweight Ceramic & Carbon Filter	MSR Miniworks	NO
<input type="checkbox"/>	Bowl and Cup	1	Collapsible	Sea to Summit X-Bowl and X-Mug	NO
<input type="checkbox"/>	Spork	1	Metal Long Handle	Sea to Summit Alpha Light Spork	NO

Clothing | Bottom

	Item	#	Description	Recommendation	Rental
<input type="checkbox"/>	Underwear	1 Pair	Wool or Synthetic Brief or Boxer	Ex-Officio Give-n-Go Sport Mesh	NO
<input type="checkbox"/>	Baselayer Bottom	1 Pair	Wool or Synthetic Full Length	Smartwool Merino 150	NO
<input type="checkbox"/>	Hiking Socks	2-3 Pair	Wool or Synthetic Crew or Calf	Darn Tough Via Ferrata Micro Crew	NO
<input type="checkbox"/>	Softshell Pants	1	Water Resistant Breathable	Black Diamond Alpine Softshell	NO
<input type="checkbox"/>	Hardshell Pants	1	Waterproof Storm Layer	Black Diamond Sharp End	NO
<input type="checkbox"/>	Gaiters	1 Pair	Mid Height Reinforced Cuff	Black Diamond Cirque	NO

Clothing | Top

	Item	#	Description	Recommendation	Rental
<input type="checkbox"/>	Sports Bra	1	Wool or Synthetic	Smartwool Seamless Racerback	NO
<input type="checkbox"/>	Wicking T-Shirt	1	Shortsleeve Quickdrying	Black Diamond Watchtower	NO
<input type="checkbox"/>	Baselayer Upper	1	Wool or Synthetic Longsleeve	Black Diamond Alpenglow Hoody	NO
<input type="checkbox"/>	Midlayer Upper	1	Wool or Synthetic Longsleeve	Black Diamond Coefficient	NO
<input type="checkbox"/>	Softshell Jacket	1	Water Resistant Breathable	Black Diamond Dawn Patrol	NO
<input type="checkbox"/>	Hardshell Jacket	1	Waterproof Storm Layer	Black Diamond Sharp End	NO
<input type="checkbox"/>	Insulated Parka	1	Midweight Down or Synthetic	Black Diamond Cold Forge	NO
<input type="checkbox"/>	Light Weight Gloves	1 Pair	Non-Insulated	Black Diamond Trekker	NO
<input type="checkbox"/>	Mid Weight Gloves	1 Pair	Waterproof Medium Insulation	Black Diamond Glissade	NO
<input type="checkbox"/>	Hat	1	Wool or Synthetic Low Profile	Black Diamond Beanie	NO



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<input type="checkbox"/>	Neck Gaiter	1	Lightweight Sun & Wind Protection	Buff Original	NO
<input type="checkbox"/>	Sunhat	1	Ballcap	N/A	NO

Accessories

	Item	#	Description	Recommendation	Rental
<input type="checkbox"/>	Glacier Glasses	1 Pair	Side Shields Polarized Anti-Fog	Julbo Explorer	NO
<input type="checkbox"/>	Ski Goggles	1 Pair	Low Light Lenses Anti-Fog	Smith Cascade Classic	NO
<input type="checkbox"/>	Headlamp	1	High & Low Beam Red Light	Black Diamond Spot	NO
<input type="checkbox"/>	Water Bottles	2	1 Liter Volume Hard Bottle	Nalgene Widemouth	NO
<input type="checkbox"/>	Sunscreen	1	SPF 30+ Broad Spectrum	Sol Sanguard	NO
<input type="checkbox"/>	Lip Balm	1	SPF 15+ Moisturizing	Chapstick Moisturizer w/ sunblock	NO
<input type="checkbox"/>	Large Garbage Bag	1	Waterproof Backpack Liner	Hefty Industrial Bags	NO
<input type="checkbox"/>	Pocket Knife	1	Blade and Pliers	Leatherman Skeletool	NO
<input type="checkbox"/>	Camera	1	Point and Shoot	N/A	NO
<input type="checkbox"/>	First Aid Kit	1	Cuts Blister Anti-Inflammatory Meds	Adventure Med Kits U/W 0.3	NO
<input type="checkbox"/>	Toiletries	N/A	Basics Toilet Paper	N/A	NO
<input type="checkbox"/>	Pencil	1	Mechanical	N/A	NO
<input type="checkbox"/>	Note Pad	1	Waterproof	Rite in the Rain Top Spiral	NO
<input type="checkbox"/>	Trail Shoes	1 Pair	Trail Runners or Lightweight Hiking Boots	HOKA Speedgoat	NO
<input type="checkbox"/>	After Climb Care Package	1 Set	Cotton T-Shirt Shorts Flip-flops Bag of Chips	Tim's Salt and Vinegar Potato Chips	NO
<input type="checkbox"/>	COVID Face Mask	2	Double-Layered Fabric Synthetic	OR Face Mask	NO