



MOUNT BAKER | COLEMAN DEMING GEAR LIST

Please arrive to gear check with all equipment un-packed. Last minute items can be purchased at Backcountry Essentials. Baker Mountain Guides rents mountaineering boots and climbing equipment.

Climbing

Item	#	Description	Recommendation	Rental
<input type="checkbox"/> Mountaineering Boots	1 Pair	Insulated Waterproof Heel Welt	Scarpa Charmoz or Mont Blanc PRO GTX	YES
<input type="checkbox"/> Mountaineering Axe	1	Classic Piolet Straight Shaft	Black Diamond Raven	YES
<input type="checkbox"/> Crampons	1 Pair	Steel 12 Point Boot Compatible	Black Diamond Serac	YES
<input type="checkbox"/> Climbing Harness	1	Lightweight Low Profile Belay Loop	Black Diamond Couloir	YES
<input type="checkbox"/> Climbing Helmet	1	Hardshell or Foam Headlamp Clips	Black Diamond Vision MIPS	YES
<input type="checkbox"/> Backpack	1	60 - 80 Liter	Black Diamond Mission 75	YES
<input type="checkbox"/> Trekking Poles	1 Pair	Adjustable Length	Black Diamond Trail Sport 2	YES
<input type="checkbox"/> Locking Carabiner	1	D-Shape Keylock Screwgate	Black Diamond Position Screwgate	NO
<input type="checkbox"/> Non-Locking Carabiner	1	D-Shape Keylock	Black Diamond Positron	NO

Camping

Item	#	Description	Recommendation	Rental
<input type="checkbox"/> Foam Sleeping Pad	1	Closed Cell Foam Full Length	ThermaRest Z-Rest	NO
<input type="checkbox"/> Inflatable Sleeping Pad	1	Full or 3/4 Length	ThermaRest NeoAir Xlite	NO
<input type="checkbox"/> Sleeping Bag	1	0-15 Degree Rated Down or Synthetic	Big Agnes Spike Lake 15	YES
<input type="checkbox"/> Bowl	1	Collapsible	Sea to Summit X-Bowl	NO
<input type="checkbox"/> Spork	1	Metal Long Handle	Sea to Summit Alpha Light Spork	NO
<input type="checkbox"/> Cup	1	Collapsible	Sea to Summit X-Mug	NO
<input type="checkbox"/> Windproof Canister Fuel Stove	1	Isobutane Fuel Canisters 1 Liter Minimum	MSR Reactor or Jetboil	NO
<input type="checkbox"/> Water Purification System	1	Lightweight Cermaic & Carbon Filter	MSR Miniqorks	NO



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Clothing | Bottom

Item	#	Description	Recommendation	Rental
<input type="checkbox"/> Underwear	1 Pair	Wool or Synthetic Brief or Boxer	Ex-Officio Give-n-Go Sport Mesh	NO
<input type="checkbox"/> Baselayer Bottom	1 Pair	Wool or Synthetic Full Length	Smartwool Merino 150	NO
<input type="checkbox"/> Hiking Socks	2-4 Pair	Wool or Synthetic Crew or Calf	Darn Tough Via Ferrata Micro Crew	NO
<input type="checkbox"/> Softshell Pants	1	Water Resistant Breathable	Black Diamond Alpine Softshell	NO
<input type="checkbox"/> Hardshell Pants	1	Waterproof Storm Layer	Black Diamond Sharp End	NO
<input type="checkbox"/> Gaiters	1 Pair	Mid Height Reinforced Cuff	Black Diamond Cirque	NO

Clothing | Top

Item	#	Description	Recommendation	Rental
<input type="checkbox"/> Sports Bra (Women)	1	Wool or Synthetic	Smartwool PhD Racerback	NO
<input type="checkbox"/> Wicking T-Shirt	1	Shortsleeve Quickdrying	Black Diamond Watchtower	NO
<input type="checkbox"/> Baselayer Upper	1	Wool or Synthetic Longsleeve	Black Diamond Alpenglow Hoody	NO
<input type="checkbox"/> Midlayer Upper	1	Wool or Synthetic Longsleeve	Black Diamond Coefficient	NO
<input type="checkbox"/> Softshell Jacket	1	Water Resistant Breathable	Black Diamond Dawn Patrol	NO
<input type="checkbox"/> Hardshell Jacket	1	Waterproof Storm Layer	Black Diamond Sharp End	NO
<input type="checkbox"/> Insulated Parka	1	Midweight Down or Synthetic	Black Diamond Cold Forge	NO
<input type="checkbox"/> Light Weight Gloves	1 Pair	Non-Insulated	Black Diamond Trekker	NO
<input type="checkbox"/> Mid Weight Gloves	1 Pair	Waterproof Medium Insulation	Black Diamond Glissade	NO
<input type="checkbox"/> Hat	1	Wool or Synthetic Low Profile	Black Diamond Beanie	NO
<input type="checkbox"/> Neck Gaiter	1	Lightweight Sun & Wind Protection	Buff Original	NO
<input type="checkbox"/> Sunhat	1	Ballcap	N/A	NO



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Accessories

Item	#	Description	Recommendation	Rental
<input type="checkbox"/> Glacier Glasses	1 Pair	Side Shields Polarized Anti-Fog	Julbo Shields, Mont Blanc, or Explorer	NO
<input type="checkbox"/> Ski Goggles	1 Pair	Low Light Lenses Anti-Fog	Smith Cascade Classic	NO
<input type="checkbox"/> Headlamp	1	High & Low Beam Red Light	Black Diamond Spot	NO
<input type="checkbox"/> Water Bottles	2	1 Liter Volume Hard Bottle	Nalgene Widemouth	NO
<input type="checkbox"/> Sunscreen	1	SPF 30+ Broad Spectrum	Sol Sunguard	NO
<input type="checkbox"/> Lip Balm	1	SPF 15+ Moisturizing	Chapstick Moisturizer	NO
<input type="checkbox"/> Large Garbage Bag	1	Waterproof Backpack Liner	Hefty Industrial Bags	NO
<input type="checkbox"/> Trail Shoes	1 Pair	Trail Runners or Lightweight Hiking Boots	HOKA Speedgoat	NO
<input type="checkbox"/> Pocket Knife (Optional)	1	Blade and Pliers	Leatherman Skeletool	NO
<input type="checkbox"/> Camera (Optional)	1	Point and Shoot	N/A	NO
<input type="checkbox"/> First Aid Kit	1	Cuts Blister Anti-Inflammatory Meds	Adventure Med Kits U/W 0.3	NO
<input type="checkbox"/> Toiletries	N/A	Basics	N/A	NO
<input type="checkbox"/> After Climb Care Package	1 Set	Cotton T-Shirt Shorts Flip-Flops Bag of Chips	N/A	NO
<input type="checkbox"/> COVID Face Mask	2	Double-Layered Fabric Synthetic	OR Face Mask	NO